

## Progress Note Content Guide for Consulting Psychologists/Psychiatrists

Below are questions that should be used to guide the discussion and Plan of Care reviews with agency consultants:

What was the primary reason for Wraparound/REACH enrollment?

What are youth and family strengths, resources, and resiliency factors identified thus far?

What is the youth interested in?

What is the youth's permanency plan and where is the youth currently living?

What are the current needs and benchmarks the team is focused on and what is the team's priority at present?

What have been the most effective strategies to date?

Who is active on the Child and Family Team? What services and supports are currently available to the youth and family?

Who or what else could be brought to the table to assist the youth and/or family?

How is the youth doing in school?

How are the youth and family getting along?

What community-based activities is the youth involved in at present? What else could the youth get involved in to assist in future progress and development?

What risk factors (within school, home and/or community setting) warrant preventive intervention-safety planning at present?

Have there been any recent Critical Incidents? If yes, include dates and a brief description in your note. When was the crisis/safety plan last reviewed? What revisions are needed?

Does the plan as a whole reflect a trauma informed approach? Do the strategies reflect healthy and age appropriate development for the youth and other family members?

As the Consultant, what are recommendations the team can utilize to bring the youth and family closer to meeting their benchmarks?

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