### **Our Mission**

Provide a safe environment for youth in crisis to prevent, deescalate, and treat a mental health crisis and avoid admission to a more restrictive setting. We provide support in a mental health crisis for admitted youth 24 hours per day, 7 days per week, 365 days per year.

# **Our Purpose**

The Youth Crisis Stabilization Facility (YCSF) is certified through the State of Wisconsin Department of Health Services (DHS) to provide services for six male youth, ages 10 to 17 years old who are experiencing a mental health crisis. Wisconsin Community Services in partnership with Children's Community Mental Health Services and Wraparound Milwaukee provides 3 to 5 days of short-term crisis stabilization and treatment services so youth can return to their community-based residence.

The YCSF serves as a resource for youth experiencing crisis. It is a link of the continuum of care as an alternative or transition placement for stabilization, instead of a more restrictive setting, such as a hospital or detention center. The amount of time is determined by each individual team based on their individual stabilization needs, averaging 3 to 5 days. The design is to be short-term and focused on stabilizing the crisis and discharging to a community setting.

### **Our Staff**

- Treat all youth with utmost respect, and dignity
- Cultivate and promote a positive, healthy and supportive environment
- Are responsive, cooperative and friendly
- Maintain confidentiality
- Provide individualized services with 1 staff for every 3 youth
- Strive for excellence in daily service to youth

# Youth Crisis Stabilization Facility





# **Contact Us**

Phone: (414) 462-6043 • Referrals: (414) 931-9286 Fax: (414) 462-6146

YOU ARE BRAVER THAN YOU BELIEVE STRONGER THAN YOU SEEM SMARTER THAN YOU THINK & LOVED MORE THAN YOU'LL EVER KNOW!

### **Admissions**

The staff welcome youth in a warm, inviting, strength-based manner for their stay. Upon arrival, youth receive a tour of the space, check out their room and are offered food, clothing to ensure their needs are met. Staff will talk with youth to ensure they have what they need to feel comfortable.

After a hopeful and welcoming interaction, staff will meet one on one with youth to provide a brief overview of the program. The Clinical Coordinator will meet with youth to complete an assessment. A daily assessment will be completed to inform the treatment planning process with the youth and their team, working to identify needs and priorities. The Youth Coordinator will connect with the youth's team to identify supports and begin the planning process for discharge with the team.

Within 48 hours of admission to the YCSF the Youth Coordinator will complete the YCSF Intake Packet with youth's legal representative. Throughout the youth's stay at the YCSF Youth Coordinator works closely with the assigned case manager, clinical provider, family, and other outside providers to ensure there is continuity of care and planning.

Discharge Planning begins at the time of placement. YCSF will convene daily staffing with engagement of outside providers and weekly utilization reviews to ensure resources and linkages are identified and available at discharge.

### **Education**

Youth are provided support to attend and participate in educational and pre-vocational activities so that they can stay up-to-date academically and learn new skills. Whenever possible YCSF staff will coordinate youth's individual school curriculum.





## **Social Engagement**

Youth are socially engaged throughout the course of stabilization at YCSF. Youth participate in scheduled activities daily throughout the school day, in treatment groups and recreational time. The goal of social engagement at YCSF is to facilitate developmentally appropriate prosocial activities to model and encourage healthier patterns of social interaction and to develop social skills.

### Activities include:

- Interactive team building games
- Exercising with stationary equipment
- School STEM related activities
- Educational & skill building groups
- Arts & Crafts
- Community-based activities such as going to the library or other community resources as deemed appropriate

### **Visits**

Each youth may have visits, and these will be arranged in coordination with the Youth Coordinator. The visitation location (indoors versus outside) and length of time will be determined based on stabilization needs, the nature of the visit and how the visits are progressing.

- Visitors must be pre-approved by the Youth's Team.
- Visitation is restricted to immediate family members over the age of 12 and professional visitors.
- Visitor must present a photo identification upon arrival.
- All youth reserve the right to refuse any visitation requests they receive from staff.
- YCSF staff reserve the right to terminate visits due to the behavior of the youth or visitors.

### **Phone Calls**

Youth can call all team members and any additional contacts who have been approved by youth's team.

"WHEN EDUCATING THE MINDS OF OUR YOUTH, WE MUST NOT FORGET TO EDUCATE THEIR HEARTS." -DALAI LAMA

